

#jemevaccine

Once vaccinated, why should you continue to follow the precautionary measures?

We will still have to **remain cautious for some time** by respecting all relevant precautions (such as wearing a mask, physical distance, hand hygiene, and ventilation of rooms) for several reasons:

- ▶ the vaccine does not protect immediately after it is injected;
- ▶ the population is vaccinated gradually. We are not all vaccinated at the same time;
- ▶ it is still difficult to estimate to what extent a symptomless carrier can still infect others, even after vaccination.



For more information

The jemevaccine.be website directs you to understandable and scientifically validated information. You will also find useful links to communication materials.

If you have any questions, please call us on **freephone 0800/45 019**.

Verantwoordelijke uitgever: J. Riguelle | Rue de la Rivelaire 21, B-6061 Charleroi | Maart 2021 | Depotnummer: D/2021/7646/8

Health questionnaire

Last Name:First name:
Date of birth: ../../...
National register number:

When you receive this document, contact your GP before going to the vaccination centre IF:

- ▶ You have had a **severe** allergic reaction or if you have needed urgent medical attention following a vaccination or in other circumstances.
- ▶ You are currently suffering from an .
- ▶ In the last 14 days, you have had a positive COVID test, whether or not you have any symptoms.
- ▶ You are pregnant or wish to become pregnant within 2 months of vaccination. Breastfeeding does not require postponing vaccination.

Your doctor will be able to decide whether or not to postpone the vaccination or to take special precautions.

Medical questionnaire to be presented at the reception of the vaccination centre concerning your health history. In order to protect your personal data, please do take this document back with you.		
	YES	NO
Have you ever had a severe allergic reaction?		
Have you had COVID or a positive COVID test in the last 14 days?		
Do you have a fever or are you ill?		
Are you pregnant or planning a pregnancy?		
Are you taking anticoagulant medication?		



COVID-19 I'm getting vaccinated!

INFORMATION and QUESTIONNAIRE
HEALTH INFORMATION for citizens





I'm getting vaccinated

As the vaccination strategy progresses, the vaccine is now being offered to citizens.

The goal is to have at least 70% of the population vaccinated to ensure herd immunity.

Vaccination is free and voluntary. The decision to become vaccinated is a significant action in favour of the population and public health.

You will find a health questionnaire on the back of this flyer; it should be filled in before your vaccination, if necessary with your GP. Take this questionnaire with you on the day of your vaccination.



Vaccines available in Belgium

Belgium is receiving several types of vaccine at different times during the vaccination campaign.

Pfizer/BioNTech, Moderna and CureVac are messenger RNA vaccines.

AstraZeneca and Janssen (Johnson & Johnson) vaccines are viral vector vaccines.



Messenger RNA (mRNA) vaccines

These vaccines are made up of a molecule called messenger RNA, which contains the information for our own body to temporarily produce the antigen. The antigen will then cause an immune response and will produce antibodies aimed at blocking the virus.



Viral vector vaccines (Adenovirus)

These are vaccines containing a harmless virus that is capable of producing an antigen identical to that of the coronavirus and thus triggering an immune

response. The resulting antibodies will be able to attack the Covid-19 virus.



Are vaccines effective against COVID-19?

Several studies highlight the efficacy of vaccines against COVID-19, both messenger RNA and viral vector vaccines.

This effectiveness is marked by a decrease in the number of infections, the severity of illness, the risk of hospitalisation and mortality related to the coronavirus.

More information can be found on the website of the Federal Agency for Medicines and Health Products (<http://www.afmps.be>) as well as in the opinions of the Health Superior Council (<https://www.health.belgium.be/en/health-superior-council>).



Are COVID-19 vaccines safe?

As with any other vaccine, experts from the European Medicines Agency (EMA) and the Federal Agency for Medicines and Health Products (FAMHP) rigorously review all data on COVID-19.

The **immediate side effects are mild and typical** after a vaccine: fever, headache and fatigue. As with all medicines, The risk of allergy-induced shock exists but is extremely rare. For this reason, the

patient is monitored for 15 minutes (30 minutes in case of a serious allergic history) after the injection.

The FAMHP publishes a weekly **cumulative overview of reported adverse reactions** following the administration of a COVID-19 vaccine in Belgium: <http://www.afmps.be>



Do I have to get vaccinated?

Vaccination is a **voluntary act**. There is no professional or other obligation.

The extensive work carried out in terms of information and awareness-raising aims to enable everyone to make an informed choice. This is why we do our utmost to provide you with useful answers to your legitimate questions.

The vaccine is **free of charge**.



je me vaccine.be

Safety is one of the requirements for a vaccine to be licensed; COVID-19 vaccines meet the same quality requirements as any other vaccine.